

BRIDGES

WEDNESDAY, MAY 21, 2014

MUSIC:

Saskatoon Fiddle Orchestra celebrates 10 years of toe-tapping tunes **P.10**

SHARPEATS:

The craft behind artisan bread making **P.14**

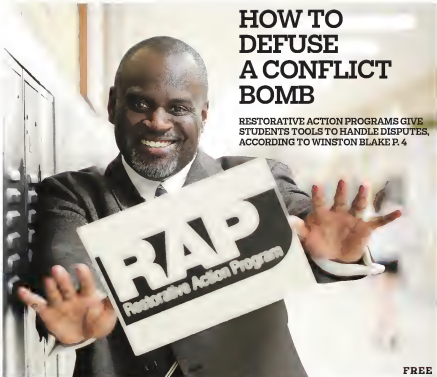
GARDENING:

Send your best shots for our Signs of Spring photo contest **P.22**

A STARPHOENIX COMMUNITY NEWSPAPER

HOW TO DEFUSE A CONFLICT BOMB

RESTORATIVE ACTION PROGRAMS GIVE STUDENTS TOOLS TO HANDLE DISPUTES, ACCORDING TO WINSTON BLAKE **P. 4**



FREE

READ MY BOOK

#PATRICIA KATZ

Sketches Of Saskatoon offers unique view of the city

LOCAL AUTHORS:

Writers tell us what makes their book worth reading

Right-handed and curly-haired friends and I began to read the picture book for my latest book, *Sketches of Saskatoon* when it arrived on my doorstep in mid-November. As I opened the first box, I sent a little prayer, "Dear God, please let me love it." The good news is that I do. And so, it seems, do many others.

Sketches of Saskatoon is a 30-page collection of ink and watercolor images that I've sketched and painted in and around the City of Saskatoon. SOS delivers a personally narrated tour of the city's sights, scenes and special events.

Most of the featured images can be found



Patricia Katz

my time.

My prints and sketchbook are now available

within a block or two of the South Saskatchewan River. If you now live or have ever lived in Saskatoon, you'll recognize these anecdotes as sketches of home — a walk down memory lane. If you're from afar, SOS is an invitation to visit and explore.

Although I've previously authored and published several books, this is a totally new direction for me. I'm relatively new to the world of art, just over a decade ago I took my first lessons in watercolor.

The medium quickly claimed a huge chunk on my heart and

company. I take them with me as I travel through Canada, opening up watercolor and delivering lectures (hey, day jobs) and when I travel out nationally as speaker.

While distant points may be exotic, there's much to be said for the familiar face of home. Saskatoon is a wonderful place to live and work — so full of life and beauty. That's why I art about creating this collection of images — to honor this sunny friendly city of ours.

My greatest dream for my book is that it will be enjoyed by people here at home, and that it will circle the way around the globe. It's a way for us to share the charm and beauty of our warm and friendly city with the whole wide world.

Sketches of Saskatoon retails for \$18.95 at McNally Robinson and Indigo, as well as various gift shops and galleries. You can preview the book and order online (quantity discounts



available) through the dedicated website: www.sketchesofsaskatoon.com. Contact Patricia Katz, the author and artist, at 306-964-1891 or sketches@patriciakatz.com.



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ON THE COVER PG. 4



Weston Blake and workers in the Restorative Action Program equip high school students with the skills they need to solve conflicts and overcome challenges in their lives. **PHOTO BY MICHELLE BEERS**

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Baker Ryan Sawley uses a wood-fired oven to make his artisan bread. His day starts at 3 a.m. as he preps the fire and gets the dough ready to bake. **PHOTO BY MICHELLE BEERS**

CORRECTION

Information was incorrectly stated in the May 14 "Poetry in motion" story. A 40c is an informal party for Aboriginal youth and is not connected to pow-wow ceremonies. Bridges regrets this error.

BRIDGES COVER PHOTO BY MICHELLE BEERS

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ON THE COVER

I don't want to have kids being kicked out of school. I want to give them skills so they can stay in school. — Winston Blake

RESTORATIVE ACTION PROGRAM (RAP)

Dealing with conflict, at school and beyond



Winston Blake, executive director of the Restorative Action Program, believes teaching kids how to deal with conflict better equips them for the challenges they'll face after high school. BRIDGES PHOTO BY MICHELLE RITZ

By Sean Trembath

Winston Blake knows that school isn't perfect every kid for the pressures of the world.

Schools do a great job helping kids supporting kids and dealing with the issues that are challenging kids every day. But we have to recognize, too that

it's not their job alone," he says.

High school — and life in general — contains conflict. People don't always see eye-to-eye, and the Internet has made it easier for kids to make each other miserable.

Blake believes that if we instill a healthy understanding of conflict, and how to deal with it as one youth,

we're equipping them for the challenges that lie beyond the diploma.

That's why Blake and many others in districts are involved in the Restorative Action Program (RAP). The program puts community workers in local high schools — seven so far, with a goal of reaching every school in the city.

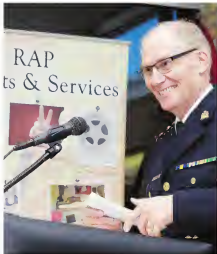
RAP workers function as mediators, counselors and confidants for the students. They give kids a safe space to talk to about whatever is going on in their lives.

"These are kids who will knock on the door and say, 'Hey I'm being laid off,' or 'I am a baby' or 'I'm being challenged,' or even, 'I need a place to

live,'" says Blake. RAP's executive director Over one-third of the kids come to the RAP workers on their own.

Many of the problems that come to the workers are outside of RAP's purview. The workers are a part of the larger social safety net available to youth. The important part is providing someone the kids feel safe talking to.

It doesn't come from the government, it doesn't come from a school, it comes from all of us.
— Michael LeClaire



Salisbury Police Chief Cliff Wright was all smiles on May 6, 2013, after receiving a check for \$55,000 from Justice Minister Don Morgan to the Salisbury Rotary Club towards the Restorative Action Program during a ceremony at Mount Royal College. (Photo credit: Cliff Wright)

"It's about conflict, that's our area. It's health and safety, that's the student services, but we help you to get there, because students feel comfortable coming to us," Blaker says.

It's a big program with several stakeholders: the local public and Catholic school boards, Salisbury's Rotary Clubs, the provincial government and many volunteers. From humble beginnings — one teacher in one school and a tiny budget of \$50,000 — RAP has grown to the point where last year alone it helped 800 individual students and has a budget of half a million.

Every school, and every kid, is different. RAP's role is to equip each with what's needed to be successful.

"Schools are a wonderful place for kids to practice life. It is a place for kids to practice the skills they need for life. RAP helps them develop those skills," Blaker says.

• • • • •

RAP started in 2000 with a partnership between Mount Royal College, which was looking for a new approach to issues of bullying and conflict, and Rotary, which wanted to get involved with a youth initiative.

"We started off as kind of a mom and pop operation," says Michael LeClaire, a Rotarian who sits on board chair for RAP.

Continued on Page 6

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About 95 per cent of my cases have a component of social media. Anyone who is using technology understands. There's a whole host of complexities around that that factor into conflict. — Jill Flath



RAP worker Jill Flath in her office at Walter Murray. RAP operates on a model called PIR, which stands for Prevention, Intervention and Reconnection. Website photo by Jodie/Steve Hogg.

The program is funded half by the school boards and half by the community through Rotary fundraising and some government support. The spread of involved parties are a big part of what makes RAP what it is, Lefkowitz says.

"It doesn't come from the government, it doesn't come from a school, it comes from all of us," he says.

As word of the program's success spread, other schools in the city wanted an. First came Bedford Road,

just down the street from Mount Royal. That was followed by R.D. Ferlie, Bellerose, Walter Murray (Bishop James Mahoney and Donny Tomney Douglas, which came on board in 2011).

The work RAP does isn't easily quantified although they are working with the University of Saskatchewan's psychology department on a three-year study to do just that.

Regardless, the success of the program can be seen in its expansion,

and the way local educators talk about it.

"We definitely see kids, over time, just get better at dealing with conflict. You have to be as a building for awhile to appreciate it," says Doug Ngan, the principal at Mount Royal.

RAP isn't just about dealing with issues that have already happened. They work on a model called PIR, which stands for Prevention, Intervention and Reconnection.

The reconnection aspect, which

tries to help students reintegrate after time away due to suspension or trouble with the law, is important, but according to Blake it should ideally be the least employed.

"If we have all these reconnections, it means we missed the opportunity to prevent or intervene. I don't want to have kids being kicked out of school. I want to give them skills so they can stay in school," he says.

Prevention involves classroom

exercises on bullying and other issues. The idea is to give students what they need to defuse a situation before it escalates to a point where intervention is necessary.

They also encourage kids to ask for help when it's needed. It seems to be working. Last year, 34 per cent of students who spoke with a RAP worker did so on their own initiative. Another 12 per cent were peer referrals.

Continued on Page 8

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THE BOWL

7

34

These are kids who will knock on the door and say, 'Hey, I'm being bullied' or 'I am a bully' or 'I'm being challenged,' or even, 'I need a place to live.' — Blake

"I think the kids develop a relationship with the RAP worker. I think the principal and the VP, we're still kind of seen as a heavy hand," Ryan says.

That feeling of a safe space, and the opportunity for kids to work things out with out dealing with the administration, offers important lessons on resolving your own conflicts, even though it's done with the help of the trained RAP workers.

"I think what it does as it tries to get the best out, so kids can talk about it, and we can try to educate them through that process," Ryan says.

The program has become a key component of Mount Joy's community.

"I wouldn't want to be a principal at a school without a RAP worker," he says.

♦ ♦ ♦ ♦ ♦

Jill Flath has been Walter Murray's RAP worker since the school adopted the program five years ago. She has to be ready for whatever conflict comes through her door.

"The majority of the day is supporting students through conflicts that have become too big for students to handle on their own," she says.

Sometimes a student is being victimized by a peer. More often, the conflict goes both ways, with the kids bullying each other.

Ideally she speaks to both parties separately then mediates a meeting. This is contingent on both wanting to take part. Putting a kid in a position is not nearly as productive, according to Flath.

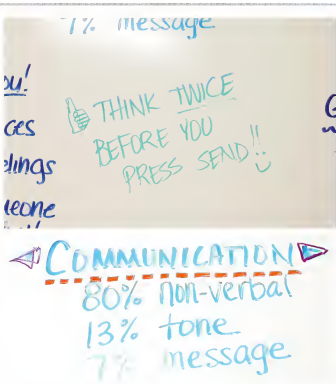
"The other student would have to agree to it and be fully invested. That's what's unique about RAP. It engages students and empowers them to be full stakeholders," she says.

Although every argument is unique, much of what she deals with follows familiar patterns.

"About 85 per cent of my cases have a component of social media. Anyone who is using technology understands. There's a whole host of misconceptions around that factor into conflict," Flath says.

She calls social media "the new playground," and likens it to a third arm, an omnipresent aspect of everyday life.

"For some kids it's the only way they communicate. Through texting and Facebook, they try to solve their problems. They try to set up dates, you name it. That's how they're interacting. With that comes a duty we need to respond," she says.



Messages on Jill Flath's interpersonal video has been a RAP worker since the program started five years ago at Walter Murray. BRIDGES PHOTO BY MICHELLE BRIDGES

I think the kids develop a relationship with (the RAP worker). I think the principal, and the VP, we're still kind of seen as a heavy hand. — Doug Nyas

Part of that response is the persistence aspect of FIB. Flah leads classroom sessions and tries to teach healthy approaches to the online world.

Often, it just comes down to listening and putting out whatever fires arise.

"I know that if I ever need to talk about anything in my life, whether it's personal, with friends, work-related, I know I can come to JIB," says Walker Peterson, a Grade 11 student at Walter Murray.

"It's confidential, she's open to talk about stuff. She really makes you down, slows it down and walks you through it step-by-step."

Peterson feels her new learned skills that will continue to help him in his life.

"It's really helped me just to stop before I talk, and really think about the words that come out of my mouth. First impressions are every-

thing. People remember what you say to them," he says.

This type of listening is exactly what Flah is trying to do day-to-day. She doesn't solve their problems. She teaches them how to solve their own.

"The best thing about RAP is that the students are empowered to take ownership and responsibility for their own life, and to work through their conflicts — which are a natural part of being alive — in a positive and constructive way," she says.

♦ ♦ ♦ ♦

Sometime around last Christmas, Flah heard a story that moved this mission and started her, reminded her of the value RAP provides.

A friend who volunteers for RAP was at a dinner party. The guests were talking turns telling what they were up to. When Flah's friend

started talking about RAP the best of the party got her hand down, she was crying.

They asked the last what was wrong. She said that her son had been having a lot of trouble at school. She had no idea what to do. Then he got involved in RAP. She believed the program saved her son's life.

While relaying the story Flah lights up. His passion for the work, and his pride in everyone involved in RAP shines.

"When you hear stuff like that, that's really the heart of RAP. It makes me humbled to be a part of this experience. All the great accolades we get, from the government, and the chief of police, all these things we hear pale to that one story I heard this Christmas," Flah says. "We're saving lives."

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JIB/Flah helps students resolve conflicts at school. PHOTO BY MICHELLE BARR

COLIN JAMES MACEO PARKER ST. VINCENT SHAD GALACTIC DOWNCHILD BLUES BAND TEGAN AND SARA COMMON

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SASKATOON FIDDLE ORCHESTRA

A decade of fiddling



The Saskatoon Fiddle Orchestra's 10th anniversary concert is May 24 at Saskatoon's Broadway Theatre and will feature new songs, performances by fiddling legends and dancers. **STYLISH PHOTO BY GARY WELCHER**

By Sean Trembath

It started with two friends who shared a love of fiddle music. Maricla Gauthier and Peggy Slater-Johnson were just looking for some other people to play with. Now the Saskatoon Fiddle Orchestra is gearing up for a celebration 10 years in the making.

In early 2004, the two placed an ad in some local newspapers looking for fiddlers who might want to play in an orchestra. They needed anyone interested to come to a first practice in Peggy's living room.

"We had no idea what kind of pick-up there would be. We said, 'It's just going to be you and I.' Then we saw people coming in," Maricla says.

They drew a total of eight people to that first rehearsal. Experience levels varied, and at first, it was tough to even find things to play.

"When trying to find fiddle music for an orchestra to play was a challenge," Peggy says. She managed to find a few pieces on the Internet, and they were all:

The rehearsal went well. Within a few months, word of mouth had lobbied their numbers to 10 fiddlers. The living room wasn't big enough any more.

They even played a few shows that first year, although looking back, the two laugh about them.

"We had no idea what the heck we were doing," Maricla says.

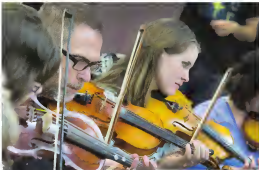
Even so, they knew right away the orchestra was here to stay.

"To me, it's just great seeing people listening to the music, clapping along, maybe dancing," Peggy says.

Things have changed, and the group has evolved. As the years went on, the orchestra grew, their annual showcase concert got bigger and better. They're now up to 16 fiddlers and six backing musicians.

"We raise the bar every year," Maricla says.

As they played for more and more people, and recruited new fiddlers, they saw firsthand the amount of love Saskatchewan has for the style of music.



The Saskatoon Fiddle Orchestra was started by two women and quickly grew to a larger group.

MUSIC

"Before we started the SPO, I didn't really know about fiddle. I was not immersed in the fiddle world. But it exists," Maréchal says.

For the 10th anniversary they're going bigger than ever before. The show, on May 14 at the Broadway Theatre, will feature Maria Fiddling legend John Arcand, who was awarded the Order of Canada in 2003, and Steven Larson, a long-time fiddle player, composer and teacher.

The program will feature some songs they've been playing for years and others that are brand new.

"There's certain core pieces that we always play because we know they're fiddle favorites. We try to bring in some music (from) other cultures. Then we also try to bring in some music from other composers that really aren't as well known," Pegg says.

They're also bringing in dancers from several local groups, something about which Maréchal is especially excited. It was thanks to her experience with French Canadian dance that got her into fiddling in the first place.

"I always thought they seemed so good, and I always said I wanted to learn how to play French-Canadian music on the fiddle."

To top it off, the orchestra will be releasing their first ever album, a collection of recordings from their past three annual concerts.

With 26 years under their belts, the two agree the group is just getting started.

"There's so many beautiful tunes out there, I don't think we'll ever run out. I'm going to be amazed as long as there's people willing to play," says Maréchal.

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SHARP EATS



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SASKATCHEWAN FOOD TRENDS

Baking bread the old fashioned way



Bryan Rowlyk's wood-fired bread is his craft. Every morning, before sunrise, he begins mixing dough, weighing it and shaping it into loaves for the four types of bread he craves at the Night Owen Bakery. He took the photo in GORDIAN LAMBS.

By Jenn Sharp

Bryan Rowlyk starts his day while the rest of the world is sleeping.

He arrives at the bakery by 3 a.m. to build a fire in the bricks oven he painstakingly built over the course of seven months. While the fire is heating the oven to a toasty 500 degrees, he forms loaves and pretzels for the day.

There's a problem at the Night Owen Bakery this morning, though.

which he owns, with his wife Beth Cote. After days of non-stop rain, the loaves, delivered yesterday, is wet.

Local indie rock plays in the background. It helps Rowlyk relax as he works to get the fire hot enough to bake the day's four types of bread.

"They might be a going down," he cracks wryly.

That's just the way it can go with artisan bread. Everything from the weather to the way the loaves are shaped can affect the final product.

It's a physically demanding job. Watching Rowlyk shake the fire is enough to break out in a sweat.

"I like work. It's engaging," he says. "We're not a wholesale bakery. We're looking to connect customers with the provenance of bread. Part of that is the baker being engaged."

A group beside the oven's door tells Rowlyk each artisan's temperature. He then moves the fire around to get a uniform heat. When the oven is ready, the top of the wheat-flour

turns white.

"You can't just throw bread in and take it out. You have to do it in a spiral pattern when you're loading the bread," explains Rowlyk.

The process begins with the grains delivered by farmers to the Night Owen's back door. Ancient heritage Red Fife wheat comes from Marc Lévesque, an organic farmer near Vaudreuil.

Rowlyk is almost finished building a large stone mill for the bread. For now, a smaller mill is used for the

wheat and other grains (rye, barley, spelt, kamut).

The dough is fermented at least 24 hours before Rowlyk hand shapes each loaf. He sticks to the most basic ingredients to his artisan bread.

"That's my interpretation — if you're not using things to contribute to the dough and you're not using things to speed up the process — the bread comes out as the flour, water, salt and the environment will determine," he explains.

SHARP EATS

In a society where goals are expected around the clock, artisan bread is an unpredictably pulsing force. It's a common story at the Night Oven Bakery: tell him help to the future so the bread will be ready when the doors open at 7:00 a.m. For now, though, it's just him. "People get really angry when I don't have bread on time," he says with a chuckle.

But then there are the regulars who appreciate what he's doing and are willing to wait until 9 a.m. for the first loaf.

He started down this path while working at a vegan restaurant in Montreal when he was in his 20s. He quickly discovered a passion for bread making. "It's pretty amazing to take bags of grain and turn it into bread."

At that time, he and a few friends had a small area on city street land from salvaged bricks. They would hold pop parties in a neighborhood home to Italian and Portuguese immigrants.

"When I look back on that squatter little outdoor area compared to this one, I think the road has been long."

He later built an oven with a team who trained with Alan Scott, North America's finest oven builder.

His starter, wild yeast collected from flour in a barrel of the first one he used 30 years ago. Every morning he feeds it and by noon it's ready to be used in the dough for the next day's bread.

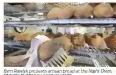
"It's a joy to bake with. It rises really slowly so the flour style of bread it's really nice to use."

And by the way, there are no gluten-free options at the Night Oven. Since all the flour is milled on-site, it's too possible to control cross-contamination.

The Night Oven Bakery is located at 8000 First Ave. N in Seattle.

info@nightovenbakery.com
Twitter.com/nightovenbakery

More pictures on Page 16



Bryn Berlyk presents artisan bread at the Night Oven. All photos provided by David Wechsler.

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ASK ELLIE

Buried secret can change relationship's balance

Q: We've been married for 16 years with one child. We've just had sex for 18 years. I've copied her diaries over as late 1990s which she doesn't care to change. We're otherwise a very normal couple, active in our area fields, and compatible together.

A: My wife's a sexy for awhile and I did some spring cleaning. I stumbled upon explicit letters and cards about received when in a relationship 16 years ago. They were kept in an old envelope in our attic.

My heart wants to confront her when she returns. My mind says to let it pass as I focus on ways of that relationship continuing, and our life continues normally.

Do I follow my heart or my head?

Turn Outside Out

A: Since you've managed without sex in your marriage, you may feel you can continue this way without further discussion.

However, I doubt it's possible, especially now that a whole new factor has emerged. Yet as you likely suspect, confronting her will blow away the placid belief that this marriage is a very normal. It's not uncommon to have sexual issues in a long marriage, but it's not healthy to bury them.

Unless you've had affairs yourself, you've sacrificed having "normal" sex for years.

Nonetheless, your wife has carried this secret and perhaps left guilty about it all this time, causing her withdrawal from physical intimacy. Or she has sacrificed sex and lived silently and over something she couldn't resist, but she hurt you and risk your mutually sustained stability.

I believe you need to know the answer.

If you do confront her (quickly, and with compassion, since this is no long ago) and if you both still want to stay together, be prepared to seek assistance together to help you find help.

It's even over the possibility that this buried past can bring you closer, through new understanding and honesty.

Q: I'm a gay man, 63, with a partner of 13 years.

For several years, our sex life's been infrequent — he doesn't appear interested though I've asked for more frequency.

A year ago, I received a thank you for our jointly owned company Facebook page. "For a great time... Not recognizing the secret. It is stated what he enjoyed the most. His reply: 'Kissing you' and 'your' great body (my partner has that). It was apparently a one-off between them."

Recently when home alone a hand written note appeared. The writer indicated he'd already visited our home and thoroughly en-

Ask Ellie



joyed what transpired. He'd worn pants nearby and it was like "I" was to wear him in again.

When I saw the note, he was parked nearby. But he'd added he'd be parked there again at a specific time, and described the car. The following night, that car repeatedly entered our house before driving off.

My partner won't discuss anything he refuses to deal with. I need more factual evidence before I jump to conclusions or start going somewhere. I'd later regret. Any advice?

Confused and Hurt

A: Decide ahead just what you want, e.g. to stay together even if he denies and cheating continues? Or, to break up unless he ends truly with changes (making it's for you today)? Or, a better sexual relationship together, with an intention for staying?

My point: If you don't know what you can or can't accept, you'll get no satisfying responses, just more hurt.

Think it through, and then share him, the note. Say what you want AND where you draw a line in the sand.

Q: How do you know when it's really love you're feeling, or just the high of having great sex?

Crave For Him

A: You can feel more about your own feelings when the "crave" starts to normalize. That's when you're no longer in the early stages of passion — when you're wanting meetings and friends you need to see, and making through work and life to be together to make love. Or if it's an instant affair, you can weigh the difference more accurately when the nervousness of risk and excitement of getting away with it, calms down. That is when you can take a hard look along with self-reflection to assess the connection between you two — is it reciprocal, free of danger, loneliness, physical release or deep loneliness beyond sex?

Though frequent great sex can become "advice" as the body/mind begins to long for that great happy-making endorphins, that's not love. For enduring love, you need to also feel trust, respect, caring, and compassion.

TIP OF THE DAY

When a buried secret emerges, it changes the relationship's balance and can bring new understanding.

Authentic Amish Cooking



Copyright © 2010 by Taylor

Hamburger Balls

- | | |
|---------------------|----------------------|
| 2 lb. Hamburger | 1/4 C. Milk |
| 2 C. Cheese | 1/2 C. Garlic Powder |
| 1 C. Bacon, chopped | 2 1/2 Pepper |
| 2 Eggs | 2 1/2 Salt |
| 2 1/2 Salt | 2 1/2 Garlic Powder |
| 2 C. Ketchup | 2 1/2 Liquid Smoke |
| 1/4 C. Brown Sugar | 1/2 C. Garlic Powder |



Shape into balls (ping pong size). Put in single layer on cake pan. Put sauce on top. Bake covered at 350° for one hour.

Creamy Potato Salad

- | | |
|-------------------------------------|--------------------------|
| 5 lb. Potatoes | 2 C. Mayonnaise |
| 1/4 C. Mustard | 1/4 C. Milk |
| 6 slices Bacon | 1/4 C. Chopped Celery |
| 1 lb. White Onion, diced (optional) | Salt and Pepper to taste |



Prep potatoes: Slice into 1/2 inch cubes and boil until tender; enough to cover with a little. Drain and allow to cool. In a small bowl, combine mayonnaise, milk and mustard. Toss together. Add remaining ingredients to potatoes and toss with dressing.

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ON THE SCENE

SPARGELFEST

Germans love their asparagus, so much so that a festival is held every spring in the motherland to celebrate the first tender shoots of the year. While asparagus isn't growing in Saskatchewan just yet, the Saskatchewan German Council holds its own Spargelfest. A six-course dinner featuring, you guessed it — asparagus — is the highlight of the festival, held at the German Cultural Centre on May 14.

BRIDGES PHOTOS BY MICHELLE BERSO



ON THE SCENE



1. Deagan Wideman
Shannon Bees and Ghett
Byrdon

4. Apperney soup was
one of the dinner courses

3. Gerhard and Karla
Blumrich

10. Ruth and Don
Remsche

2. Lorena Reiter and
Lorraine Reiter

5. Adeline Vagstadcamp
and Johanna Salvayn

6. Mune Schmidt, Enns
Stanzel and Rainer and
Rainer

11. Peter Storch and
Dana Muma

3. Mark Beas, Joelle
Beas, Debbie Chomphay
and Bar Chomphay

6. Ted Molayenko
Melody Marshall, Elaine
Roberts and Mary Roberts

9. Neil Stuhls plays the
accordion.

12. Dennis and Colleen
Baker

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Nuts About Nature At Beaver Creek Conservation Area

Hi, kids! My name's Chip and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city. Borrow a family Nature Activity Net-Pac and hike a trail (nature awaits!) Guess what, kids? You can send your questions to me at the address below

Dear Chip,

Do porcupines have fur?
Earl

Dear Earl,

Porcupines have three kinds of fur. Coarse guard hairs make up the outside layer and give the porcupine its shaggy look. Beneath the guard hairs is a layer of woolly fur called the undercoat. The undercoat is what keeps the porcupine warm during cold weather. Within the porcupine's woolly undercoat lie modified hairs called "quills." Quills can be as long as five inches. They are hollow and taper to a stiff point. The tip of each quill is covered with barbs that anchor the quill in place once it has penetrated the skin of a predator. Quills are loosely attached to the porcupine's skin, and each quill is controlled by its own muscle. These muscles allow the porcupine to raise its quills when danger looms, and lower them again when the coast is clear. Many animals use speed to get away from danger but because of its sharp quills, the porcupine doesn't have to be fast. In fact, you could say that porcupines are poky because they're "poky!"

Send your questions to me at the address below, then watch Bridges for the answers.

Your pal, Chip

William Lewis Avenue South
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E-mail: www.bridges.ca



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DAYTRIPS

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#BLACKSTRAP ART STUDIO TOUR

Self-drive studio tour a rural adventure

By Edna Manning

When artist and photographer Lucy Weston participated in her first Black Strap Art Studio Tour in 2013, she was impressed with not only the diversity of talent and creativity in the area, but also how the most unadorned Saskatchewan is a province.

"It brings small town Saskatchewan to the larger community. There are perspectives views and art rural and urban is in the work produced that offer a special dimension of education to the visitors," she says.

The Black Strap Art Studio is an annual self-drive tour showcasing the work of artists and craftpeople in the Blackstrap and Dundurn areas north and west of Saskatoon.

The tour begins in 2009 with two goals in mind: To provide a venue where local artists could display their work, and an opportunity for visitors to see art in the making with a chance to purchase one-of-a-kind quality locally produced items.

About 30 participants at five sites will be displaying and demonstrating their work: Painting, pottery, photography, glass blowing, metal sculpting, fibre, weaving, quilting, wood carving, doll making, stained glass and art installations will all be represented. Weston says the on-site demonstrations offer educational opportunities for young and old alike.

"It's quite magical to watch glass blowers and sculptors at work, for instance."

BLACKSTRAP ART STUDIO TOUR 2014

Monday May 20, 9 am to 5 pm, Sunday May 21, 10 am to 5 pm.

Participants for this event's food for artists available at several sites.

Visitors will follow the Blackstrap route to each site where they will be introduced to the artists and their work.

For more information, contact Lucy Weston at 306-492-4565 or lucy@lucyweston.com.

or 306-492-4565 or lucy@lucyweston.com.



Lucy Weston in the Dundurn Arts and Healing Centre. PHOTO BY EDNA MANNING

LUCY WESTON'S ARTS AND HEALING CENTRE

131 Clark Street, Dundurn
306-492-4565
www.englishsaskatoon.com

Lucy Weston will be displaying a multimedia exhibition in which she combines documentary travel and locally based photography. She designed the tour's full-colour brochure, which includes a map of the area, photos and short explanations of each artist's work.

DENYSE KLETTE ART STUDIO

Renowned self-taught painter Denyse Klette has created expansive murals for hotels and large companies such as Dairy Canada and The Body Shop Canada.

DUNDURN ELEMENTARY SCHOOL

Students at the Dundurn Elementary School will be showing their sculpture, painting, wood, tape, design, mosaic, pottery, metals and more.



A paper weight Pot-Herb's Hot Shop. PHOTO BY EDNA MANNING



Just one of the many pieces of art you'll find on the Blackstrap Art Tour. The shop is Pot-Herb's Hot Shop. PHOTO BY EDNA MANNING

oil talents. Klette's sister is the vice principal of the school and organizes the exhibition. Also at the school will be a quilt group called the Pot-Herb's Quilt Group. Cathy Skaggs and art sells Leticia Blackhawk and Elm Skaggs.

DAY TRIPS



A mosaic table on display at Hebert's Hat Shop. SUMMIT PHOTO



A recycled glass bowl available at Hebert's Hat Shop. SUMMIT PHOTO



Collaged faces artwork at Hebert's Hat Shop. SUMMIT PHOTO

THE WILSON MUSEUM

The Wilson Museum will showcase works by artist-art historian Susannah Van de Ven, noted curator Brenda Dinger, dance work by Ken Pomeroy and painter Rudy Doreau.

HEBERT'S HOT SHOP

Watch demonstrations on calli, mura and hot glass production as well as live rock drumming. Sharon Dorn will be showing her stained glass and fused work. Glass artists Sam and Douglas Calvert, photographer Neeraj Kishore, painter Judy Trone and Ken Wilkerson, sculptor Danyel Richardson, painter Dore Whitehouse and Adrienne Collette Beitel, and internationally known kitesurfer Shona Pomeroy from New Zealand will be at the Hot Shop. Adams Martin will be displaying hyperball pens and pencils there as well.

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GARDENING

BOOK REVIEW

New gardening book: The Prairie Short Season Yard

By Eri Svendsen

A gardener since he was a toddler, Lyndon Penner has been sharing his passion for gardening his entire life.

He was on retail nursery sales when I first met him. More recently, he's been a horticulture consultant, workshop facilitator, regular CBC contributor, invited guest speaker, blogger and new author.

His first book, *The Prairie Short Season Yard Quick and Beautiful*, is the Canadian Prairie, as a terrific treatise on gardening for Prairie gardeners. If you've had the opportu-

through a prairie landscape, life is abundant without being a know-it-all. He attributes his broad knowledge to lifelong experiences and mistakes, and admits that he has learned from his mistakes along the way.

Lyndon is not short on optimism. And whether you agree with him or not, most are founded on personal observations and careful thought.

I found myself nodding agreement in many places. His views on the shortness and scarcity of hardiness zone ratings, why grasses don't grow under spruce trees, which or three really are deer-proof plants, and that winter is a time of repose and reflection rather than a season to rush against.

I laughed out loud when I read his gardening rule No. 7 (Do not put three plants in your garden.) But I also discovered there was much that was new to me such as how to attract blackbirds to my garden, that it may be possible to grow hazelnut on the Prairies and that a hardy oak (*Quercus laevis*) that I had never heard of before.

I was also reminded of several underused hardy and gorgeous plants that I had forgotten about like *Hamamelis* and *Physalis*.

If you're new to gardening, you'll learn the basics of soils, the ABCs of maintenance, what have garden supplies and tools, and how to interpret physical like "soil little same rich."

All will benefit from his advice on dealing with insect pests, animals and diseases that will on occasion visit your garden. And he rightly points out that old and old visitors are



Author Lyndon Penner

pests and gives advice on how to attract the beautiful and helpful.

Like most gardening books, the back section is devoted to plant descriptions. However, he doesn't spend time describing every culture under the sun. Instead, he describes the basic species and then highlights a few of his favorites. He notes which plants are tough as nails but he also describes a few plants that are on the edge of hardiness (with appropriate cautions) and tips on how to maximize their success.

Lyndon's book has definitely earned a place in my library beside the likes of other Prairie garden authors like Steve Williams, Hugh Brown and Donna Bailey. And I know Lyndon has as much more to say. I am already looking forward to his next book whenever that may be.

The Prairie Short Season Yard, published by Brook Education Inc., is available at your favourite book-



Quick & Beautiful on the Canadian Prairies



SIGNS OF SPRING PHOTO CONTEST

Get your camera ready to welcome the season! We're looking for your best shots at the first blossoms, leaves and buds you can find in your garden, park, backyard or field.

Photos must be good quality in focus and high resolution. Add an explanatory caption, please. Two winners will be randomly chosen from the top 25 entries to receive a copy of Lyndon Penner's new book *The Prairie Short Season Yard*.

Entries will print a selection of the top entries in an independent issue. Contest closes May 28. Send your photos to bedens@thesouthwest.com.

Contributors must hold all the rights and authorship for images. Contributors grant the right to reproduce and publish submissions.

erty to take in use of his workshops at the University of Saskatchewan as regular visits to Saskatoon or leave him up to his year at Garden Edge. You may find he has suggested that he has a visit of his style with entertaining and personally informative.

As I read through the nearly 200 pages, I felt like he and I were having a conversation rather than skimming

store. It's also available in ebook format for the digitally adept. Eye one will be in Saskatoon July 1 to 10 during HortWeek at the U of S. Bigview workshops are scattered topics with the free kids' lecture. Sunday evening. Admissions in Prairie Gardening. For more information on HortWeek call (306) 966-5655 or email mastersgardening@usask.ca.

Have a gardening question? Contact Gardens: 306-966-5655 or perden@usask.ca.

This column is provided courtesy of the Saskatchewan Horticultural Society (www.saskhortsoc.org), hortsoc@usask.ca. Check out our bulletin board or calendar for upcoming horticulture events in May and June.



Next week in BRIDGES

A look inside the
world of Laurie
Brown, one of
Saskatchewan's top
fashion designers

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OUTSIDE THE LINES



Last week's contest winner
is Shayla Duvick.
Thanks to everyone who
submitted entries!



Colouring contest

Guest artist David Gary is on the organizing committee of Saskatoon's Nature City Festival May 25. To visit www.naturecityfestival.com for more information.

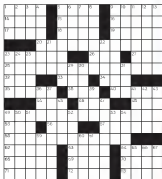
Children can colour the page, have a picture taken with the finished product, and email it to birding@thisstophotocan.com. One winner will be chosen each week. Please send entries by Monday at 5 a.m.

#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Round
 3 Casually not involved
 4 Actors' Shelf and
 5 Eyes
 14 ____ City
 15 Kind of surveillance
 16 "Sisters"
 17 Universal speaker
 18 Blue part
 19 Pickling liquid
 20 Post-Christmas event
 21 Fish-bone soup
 22 Freeway merge
 27 Hair soap
 28 Infant scientists use
 to predict the onset of
 chemical reactions
 32 "Where the Pech" song
 33 Golf's Dots
 34 72
 35 Title of "The Old
 Caster"
 36 "Sissy" ____
 40 Hindu festival
 44 Combo event board
 45
 46 Biscuits
 48 Author Umberto
 49 Small part that's
 visible
 50 Used to meter
 56 ____ day stories
 57 Famous rapist
 formerly say
 58 Headlines of
 April 16, 1992
 62 Book
 63 Clump of hair
 64 Clump of hair
 65 Soda bottle uncovers
 66 Where respondent
 lives
 70 Don't bowl again?
 71 Floor
 72 "Goodness gracious!"
 73 City in a dish



DOWN

- 1 Nasty teen
 2 One side true else
 misleads
 3 ____ wheels
 4 Kind of extract
 5 Just laborer
 6 Luncheon
 7 "I'll ____ you"
 8 Making a list
 9 Follow the Pouch
 catchphrase
 10 Circus figure
 11 Italian cheese
 12 Tosses down
 13 Unhappy
 14 Goodbye to football
 42
 22 Victims' vessels
 23 Isolates air
 traps
 24 Given plus one
 25 Plumbing problem
 26 Suit
 27 Oklahoma Indian
 31 American feeling, for
 short
 36 Tokyo's former name
 37 Faculty often found
 near a port
 38 ____
 41 Guard's Shogun, not
 42 Piece of land
 43 Archaic freshwater
 informality
 45 Unmarked center
 46 Slightly long of the
 hairs
 47 Groggery
 48 Wrecks
 50 City of success
 51 Slave informant
 52 One in hand time in a
 tale
 53 Vietnamese flag
 54 Globe's place
 56 Nine
 60 Card
 61 Sweden
 62 Mixed music-maker
 63 Book
 64 Vietnamese New Year

JANRIC CLASSIC SUDOKU

Level: Bronze

Fill in the blank cells
 with numbers 1 to 9.
 Each number can only
 appear once in each
 row, column and 3x3
 block. Use logic and
 process of elimination
 to solve the puzzle.

The difficulty level
 ranges from Bronze
 (easiest) to Silver
 to Gold (hardest).



Solution to the
 crossword puzzle will
 be in the Sudoku corner
 found on Page 31

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COMMENT



TRANSLATE



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EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

MUSIC

Wed., May 21

Salvino Weeks
Beds on Broadway,
817 Broadway Ave.

**Kirkehen presents: Cria Den-
ken, Kristi Lane Steele and
George Leach**
Vampiro Tavern,
501 Broadway Ave.

Authority Zero
Rock Bottom,
5343 Broadway Ave.

Thurs., May 22

How Cruises
Crucians Restaurant &
Lounge,
1-327 Mainhouse Dr.

Tommy Emmanuel
Broadway Theatre,
715 Broadway Ave.

Aselle Cruz
Beds on Broadway,
817 Broadway Ave.

**Boots Sereno Scott Nels &
Grendy Zola**
The Basement,
203 Fourth Ave. N.

**Hagatha, Bridgeburner and
Luvagat**
Vampiro Tavern,
501 Broadway Ave.

Lighthouse w/ Sasakono's
Legendary Rhythm & Blues
Avenue
Piedmont Park,
563 Ruth St. W.

Fri., May 23

Slayer Train
Beds on Broadway,
817 Broadway Ave.

Piano Friday: Dennis Korycki
The Basement,
203 Fourth Ave. N.

DZT
Army & Navy Club,
309 First Ave. N.

Jana & Steven (Lounge)
Downtown Loftin,
606 Spedee Cres. W.

The Standards Trio
Mickley Robinson,
3100 Eighth St. E.

De John's Rhythm Kings
Fairfield Senior Centre,
104 Fairmont Ct.

Lounge Lounge
Toon Town Tavern,
1630 Fairlight Dr.

**Savage Henry and the Infa-
mous One Pounders w/ Herd
of Wasters**
Anigma Carline,
632 10th St. E.

Evening Shift
Star's Place,
106-100 Ruth St. E.

Undercover Photos
Pigg's Pub & Grill,
1003 14th Ave. N.

**Adolyn w/ The Hair and
Chad Munroe**
Bassmont Film & Record,
100-320 Third Ave. S.

Stark in the '80s
Berly's Urbanfunk,
2404 Eighth St. E.

Sat., May 24

Slayer Train
Beds on Broadway,
817 Broadway Ave.

Oliver James Selo
The Basement,
203 Fourth Ave. N.

DZT
Army and Navy Club,
309 First Ave. N.

William and the Shadows
Nubene Lagon,
3031 Louisa St.

3 For the Show
Downtown Loftin,
606 Spedee Cres. W.

No Hurra Trio
Mickley Robinson,

3100 Eighth St. E.

Marne & Freight Train
Toon Town Tavern,
1630 Fairlight Dr.

Peam Lake w/ Robert Hve
Vampiro Tavern,
501 Broadway Ave.

Slide 'til Dawn
Anigma Carline,
632 10th St. E.

Evening Shift
Star's Place,
106-100 Ruth St. E.

Undercover Photos
Pigg's Pub & Grill,
1003 14th Ave. N.

**Long/Wild/Short/Dark w/
JABU, Kuley and Mera Able**
Capital Music Club,
244 First Ave. N.

Sun., May 25

Shane Walk
Beds on Broadway,
817 Broadway Ave.

William and the Shadows
Nubene Lagon,
3031 Louisa St.

Mon., May 26

Daniel O'Donnell
TCU Place,
35 22nd St. W.

The Rockies
Beds on Broadway,
817 Broadway Ave.

Bill Anderson
Delkota Dunes Casino,
204 Delkota Bunch Way,
Whitewater

**Head of the Herd w/ The Sal-
emanses and The Green Truth**
Vampiro Tavern,
501 Broadway Ave.

Tues., May 27

The Rockies
Beds on Broadway,
817 Broadway Ave.



Daniel O'Donnell performs classic Irish songs at TCU Place on Monday. PHOT: MARIO

EVENTS

ART

Mural Art Gallery
Until June 15 at 650 Spadina
Chris E. David Theaster
Read Tips and Other Over-
sights and the 18th Artists
Artists Mentorship Program,
Mary Longman and Art
Arts: Through That Which
is Some School Art, art by
200 students in Saskatoon
schools, runs until June 8.
Registration continues for
Summer Art Camps for ages
six to 12. Camps are offered
July 7 to August 23. Call Toy
at 306-975-5487 or email
toymentals@mural.ca to
register.

Art Exhibition
May 22, 2 p.m. at Station
20 West Saskatoon Meth-
uist Centre, 318-1020 20th
St. W. Showcasing artwork
by local community women
and children created dur-
ing a recent art program.
RSVP by May 21 at shel-
flower@hotmail.com or
306-341-3110.

**The Storefront Grand
Opening**
May 23 in the Two Twenty.
The new design gallery ex-
hibits local furniture mak-
ers. Local Furniture Des-
ign, the first show, runs May 22
until June 30. Reception May
23, 7 p.m.

330g
Until June 1 at 330 Ave. S.
Exhibits by Martin Bennett
and Marie-Claude Bouchard.
Opening reception May 22, 5
p.m. to 8 p.m.

Dorinda Struvgue Gallery
Until May 23 in Room 191 at
the U of S Murray Building
at the Table, a collaborative
exhibition with Auxiliary
Youth Club Reception May
23, 7 p.m.

SCVAP Gallery
Until May 28 at 253 Third
Ave. S. Entrance by Jane



Blue Figure by Douglas Barthman on display at The Gallery/Art Placement.

Rever McWalter Two series
of works exploring differ-
ent media. RC CYCLE 2.0
Acknowledging the voices by
the individual. May 28 to June
20 Reception May 28, 7 a.m.
to 9 a.m.

The Gallery
Until May 28 at Market Mall.
A special exhibition of stu-

dent works from Holy Cross
High School's Advanced
Placement art and photog-
raphy programs. Students
from Walter Murray High
School will be exhibiting Fri-
day to May 30. Photographs
by Alex Samsonoff and Jan
Samsonoff and paintings by
Kathryn Gosse and Lexley
Kuppen.

**Cakebox Bakery & Restau-
rant**
Until May 31 at 721 Broad-
way Ave. West, Pines. New
works by Cindy McGehee-
Pufferin.

Biggar Museum & Gallery
Until May 28 at 105 Third
Ave. West in Biggar. Ad-
vised Adjusted Art Show

entries on display. Adjusted
on by Donna Kinkaid May
24, 1:30 p.m. Watercolour
workshops by Kinkaid May
23 and 24. Call 306-348-
3451.

Affinity Gallery
Until May 31 at 613 Broad-
way Ave. Where River Meets
Big Waves from Aboriginal
and MHA communities in
Saskatchewan. Collabora-
tion with the Aboriginal Artists
Symposium, in Saskatoon
May 23-24. Reception May
24, 7 p.m. to 9 p.m.

The Still Gallery
Until May 25 at City Parks,
801 Seventh Ave. N. New ab-
stracts by Jan Corcoran.

Centre East Galleries
Until May 25 at The Centre
Vans Festival display in the
Royal Gallery. Children's
Festival display in the Jade
Gallery, photos for Spell
It Photo Art in the Amber
Gallery, wall display by the
Marquette Central Cam-
puses in the Sierra Gallery,
photos by Imagery in the
Crescent Gallery art display
by Bethford Road College
at Lufkin in the Mendi
ART for LIFE program in the
Lavender Gallery, a display
by the Saskatoon Public
School in the Magenta and
Isaga Galleries.

The Gallery/Art Placement
Until May 28 at 228 Third
Ave. S. Recent works by
Douglas Barthman. Barthman
creates abstract, construc-
tivist sculptures.

**Handmade House
Shawnee**
Until May 31 at 710 Broad-
way Ave. Trophy Taps by
patter Jeffrey Taylor.

**The Gallery at Frances
Morrison Cultural Library**
Until June 5 at Frances
Morrison Library. Canadian
Pallette by Joy Mendel.

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EVENTS

Baby Talk at 55%

Fridays, 10:30 a.m., at Alice Turner Branch, Mondays, 10:30 a.m., at Centre City Branch and 10:30 a.m., at Westwood Branch. Half-hour class and rhyme, then mingle with other parents.

Craft and Story Time

Saturdays, 11 a.m., at Indian Oaks, 10:30 a.m., at 11111 Lakeview section. Call 306-244-1327.

Root Camp for New Dads

May 24, 9 a.m. to 12 p.m., at the Pregnancy and Parenting Health Centre, 348 Third Ave. S. A workshop taught by veteran dads and their babies. Meet the challenges of becoming a dad. To register email bootcamp4newdads@gmail.com or call 306-290-9467.

Something on Sundays

Sundays, 2 p.m. to 4 p.m., at the Mendel Art gallery, 930 Dakota. One- or three-family fun for ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided. May 25, make art with outdoor supplies, using just what nature provides. In conjunction with the NatureCity Festival.

Prenatal Yoga

Mondays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Beginner to intermediate yoga designed to help with postpartum recovery. Baby-friendly class with certified yoga teacher suitable for four weeks to two years postpartum. Register at pajournalism.com/pregnancy. No class on staff holidays.

Prenatal Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Teaching by dolls and certified yoga teacher. Information and safe for any stage in pregnancy. Call 306-251-0463 or email prenatayoga@gmail.com. No class on staff holidays.

Drop-In Playgroup

Mondays to Fridays through May, 9:30 a.m. to 11:30 a.m., at Hank Rugs Soccer Centre, 219 Prairie Dr. An

indoor public playgroup with ride-on toys, sporting equipment, toys and books for children up to age six. Food and drinks are welcome, but the building is permit-free.

Stuffed Rabbit Band Playgroups

Mondays to Fridays, 10:30 a.m. to 4:30 p.m. and late night Thursdays, at Stuffed Rabbit Band, 11-703 Central Ave. With art, music, kitchen and shopping centre, puppet theatre, stage and props. To book groups, or to check for availability, call 306-284-0700 or email stuffedrabbitband@gmail.com.

Worm and Baby

Mondays until June 20, 10 a.m. to 11:30 a.m., at St. Pauls United Church, 454 Ebert Ave. Learn, share and connect with other moms and babies in your community. Learn from local experts about a variety of topics for modern moms. Visit mommyconnections.ca/saskatoon.

Playgroup

Tuesdays, 9:30 a.m. to 10:30 a.m., at Once Upon A Time United Church, 454 Ebert Ave. Learn, share and connect with other moms and babies in your community. Learn from local experts about a variety of topics for modern moms. Visit mommyconnections.ca/saskatoon.

Prenatal Story Time

Tuesdays, 10:30 a.m. to 11 a.m., at McNally Bookstore, 300 10th St. W. For children ages three to five in the Circle of Thea. Call 306-935-1477.

Growing for Birth

Tuesdays until June 3, 6 p.m. to 7:30 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. A six-week course. Demos discuss how to eat and exercise safely, deal with stress with her body and mentally and physically ready to embrace the birth experience. To register visit birthrhythms.ca.

RSK&K & K&K Saskatoon

Regular after-school programs, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build water sports, swimming, play games, and have fun using LEGO.

brick. Visit brick4kids.com or call 306-479-3268.

Nativity Years

Tuesdays until June 11, 7:30 p.m. to 8:30 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. A comprehensive childbirth education series, preparing parents for the birth of a child. To register visit birthrhythms.ca.

Car-A-Rammy in Camp

Until June 27, and July 7 to Aug. 31, at 3102 Mitchell Ave. Various schedules for ages two to 16. Visit sawmymom.com.

Saskatoon Public Library Programs

Organized daily programs for children and families. Find the calendar at saskatoonlibrary.ca/node/1016.

#SPECIAL EVENTS

FOU City Korean Film Begins of Peace Women's Dinner

May 21, 6 p.m., at Patricia Park. A five-course meal with wine. Also reserve two tickets for the U.S. of the Hays on May 29. Tickets at koreanfilm.ca. Proceeds will go to the Leukemia & Lymphoma Society.

The Show: A Tribute to ABBA

May 21, 7:30 p.m., at TCU Place. The 40th-year anniversary tour. An ABBA tribute show highlighting the band's decade of success. Tickets at 306-575-7799. toubetickets.ca.

Jay of Voo

May 22, 7:30 p.m., at Adlin Bowman Collegiate's Robert H. Hill. Celine's Theatre. The community show's spring concert. Directed by Eli Harris and accompanied by Penny Rose. Featuring Ellen Kinsman, Spoke Williams and Ken Seibert. Tickets at easycitycall.com or at the door.

Burns Vets School 100th Anniversary

May 22-26, at Burns Vets School. Two student performances: May 22, 1 p.m. and May 23, 9 a.m. each grade representing a decade. A formal assembly May 23, 1 p.m. A dance hosted by the School Community Council May 23, with music from the last 100 years. Full-day events May

24, 10 a.m. to 3 p.m., pancake and sausage breakfast, balloon animals, Bessie the Clown, old-fashioned carnival games, Red and Captain Car Club shows, petting contest, dunk tank, bounce castles, face painting, horse and buggy rides, live music and vendors.

Top of the Hops dinner and drink

May 23-24, 6:30 p.m. to 10:00 p.m., at The Old Mill, 4 Ave. S. Live music and beer. With live band 200 different liquor samplings and food samples. Tickets at plastic.com. This is a 19+ event.

African Children's Choir

May 23, 7 p.m., at Rosebush Alliance Church, 1002 10th St. E. In-house choir. Featuring children's songs, traditional spirituals and gospel favorites. Free-will offerings will be accepted. Raising funds for humanitarian projects. Call 306-582-3245.

South Annual Rotomella Chamber Music Festival

May 23-25 at various venues around Saskatoon. Featuring Cecilia Quartet, Philo Chiu, Cassius Kopschitz, Scott McLaughlin, Jasqueline Weeks and Brendan Fisher. Tickets at rotomella.ca.

Greatest Guitarist Show and Tea

May 24, 10 a.m. to 4 p.m., at Elmore Baptist Church, 107 McVillie Ave. Honouring Isabelle McDonald, Saskatoon's cutting-edge teacher since 1983. Pillowcase donations on display will be donated to orphanages in Third World countries.

March Against Monsanto Saskatoon

May 24, 12 p.m., at Kinsman Park. Genetically engineered foods are not required to be labeled in North America. Join your community in this worldwide march against Monsanto, the biggest offender. Information on Facebook.

Saskatchewan March on Plaza

Dinner May 24, 5 p.m., at Patricia Park. Hosted by Crown Sports Service. With entertainment, live music and food. Tickets at saskatoon.ca. 306-552-1473.

Labyrinth

May 24, 5:30 p.m., at the Soccer Centre, 200 Princess Dr. Labyrinth, steel, sails and deserts. With a 30/50 show and a series show. A gourmet meal with a helicopter tour of Saskatoon. Tickets at 306-373-1777. labyrinthfestival.net. Proceeds assist local communities and communities around the world.

Violinist The Four Seasons

May 24, 7:30 p.m., at Kinsman United Church. A performance by the Saskatoon Symphony Orchestra. Featuring guest conductor and harpist/accordionist Arnel Romanko, and violinist Elena Demova. Works by Vivaldi and Corelli. Tickets at saskatoon.ca.

SFO 100th Anniversary Spring Show

May 24, 7:30 p.m., at Broadway Theatre. The Saskatoon Philharmonic celebrates 100 years and a CD release. Featuring John Arnold and Everett Lensen. With various dance troupes. Tickets at 306-552-6356, Long & McGuire, Michael Robinson or at the door.

Desert Beats Spring Fest

May 24, 7:30 p.m., at The Refinery. Presented by Desert Beats & Belly Dance. The annual spring event show. Showcasing their talents and talents from the last season of dance. Tickets at 306-539-9991, thevalleys.ca.

Fundraiser for Travel Lottery

May 24, 5 p.m., at 3010 9th St. W. A New Africa-inspired sale. Featuring Dr. Dan and the Second Line. With a draw for a \$5,000 gift certificate to the travel destination of your choice and a silent auction. A fundraiser for community and educational programs. Tickets at 306-662-1221.

Season Opener Regatta

May 24, 8 a.m. to 4 p.m., and May 25, 8 a.m. to 12 p.m., at Pika Lake Provincial Park. Hosted by the Saskatoon Racing Club. The first regatta of the 2014 racing season. Includes all levels from beginners to high performance athletes. Visit saskatoonracingclub.com.

EVENTS

Nature City Festival

May 24-31 around Seakwa
to celebrate nature and culture. Creativity people dedicated to the environment and appreciation of nature. Keynote speakers Cam Collier and Gary Pedersen on May 25, and Michelle Melzer and Barbara Kaurbridge on May 26. Exhibits, vendors, food, live music, shows, kids and enjoy. Visit wildlifeoutdoor.com.org.

The Cowell School Band

May 25, 12 p.m. at the Mendocino Art Gallery, 950 Seaside Drive. A performance by musicians from Cowell School, while surrounded by the works of young artists in school art.

36th Annual Seakwa Marathon

May 25, 7:30 a.m., at Dahlen Park. Organized by the Seakwa Road Runners Association. Featuring a full marathon, a half marathon, 10K, 5K and a 10K. 1800 guest speaker Mike Parent. Visit seakwamarathon.ca.

Reason Opener Series #1

May 25, 10 a.m., at Seakwa International Raceway.

Third Annual Little Fest

May 25, 12 p.m. to 5 p.m., at St. Mary's Parish, 311 Ave. D. S. An afternoon of Latin culture, food, music and crafts. Admission at the door.

Meet at the Peak: 2014

Climb for Preakness
May 25, 12 p.m. registration, 2 p.m. climb, at Mt. Blackcap. Organized by Nishiki. Raising awareness of human trafficking in the world and helping girls and women find hope and freedom for their lives with activities for children, a barbecue, after the climb, prizes and photos. Funds raised will go to the Blackcap Room in the Maple Leaf Centre, an educational live-in centre for



The 36th annual Seakwa Marathon runners go underway May 25 at 7:30 a.m. at Dahlen Park. BIRCHMOUNT PHOTO BY EDWARD MASON

at risk youth in Ukraine. To register call 836-320-3241 or 306-945-2262.

Welsh Year and Open House

May 25, 130 p.m. to 3:30 p.m., at the Superintendent's Residence at The Seakwa Forestry Farm Park & Zoo. Hosted by Friends of the Forestry Farm. Welcoming tour begins at 2 p.m. Refreshments are available.

Annual Banquet China High Tea

May 25, 2 p.m. to 4:30 p.m., at the Top of the Inn in the

Shenkar-Cowder. Presented by the Seakwa Chapter, Osteoporosis Canada. Village made from members of Blackberry Wine, Melissa Hynd and Steven Moxley. With honorary tea hostesses. Refreshments. Tea, a silent auction and door prizes. Tickets at 306-931-2653, seakwaosteoporosis.ca. Funds raise to support osteoporosis education work.

Lift Up Up

May 25, 7:30 p.m., at Augustine Lutheran Church, 1201 Broadway Ave. S. Presented

by the Choir of Augustine and St. Timothy's. A concert of sacred choral music also featuring soprano Wenique Elbert. Proceeds from the fundraiser offering go to the congregation's Accessibility Project — making the building wheelchair accessible. Admission on will follow. Call 306-624-0375.

World Tell Clinic

May 26, 8 a.m. to 11:30 a.m., at Market Mall, next to the food court. Hosted by Osteoporosis Canada. A free height measurement clinic. An interactive

public awareness campaign to make people aware of the possible connection between height loss and an undetected spine fracture. For information call 306-931-2653 or email seakwaosteoporosis.ca.

THEATRE**Jesus Christ Superstar**

May 23 and 24, 7:30 p.m., at ICU Place. Presented by The Riverside Singers. The dramatic production of Andrew Lloyd Webber's musical.

Tickets at 306-975-7799, tickets.ca.

The Shores and the Shoremaker

May 26, 10 p.m. at the Infirmary. Wade Owen's last show of the season. Stars Owen as a journey of unfortunate adventures to find happy endings for all the characters in this tale. With familiar characters and nursery rhyme characters. Tickets at wadeowen.ca, 306-683-5640.

Event listings are a free, community service offering. Listings will be posted 10 days prior to the event.

WINE WORLD

#SASKATCHEWAN WINE SCENE

Pirramirra the perfect modern cocktail wine

By James Romanow

One of the lesser known grapes of Bordeaux is Petit Verdot. It is added in very small quantities to the great Merlots of the French province to add a hard backbone when the wine is matured and for young fruit (sourness, tannin and colour).

However like Malbec, it is a late ripening variety and these days you are more likely to find it in places like Australia, Argentina and Chile. This will change. The Bordeaux are replacing varieties, such as Malbec, that they stopped using after the phylloxera plague (also known as the great French wine blight) in the late 1800s.

There are two pure bottles on the shelf in local stores. Knapton bottle and Pirramirra wine. Both are worth drinking if you want to see a different variety. If you're just looking for a good drink, I recommend the Pirramirra.

The fruit is huge, the berries strong red the bouquet beautifully fruity full of notes, smoky, like licorice. It is more aromatic than Pinot Noir, slightly and slightly more or less like a Pinot Noir. It has enough rounded sweetness to pair with modern cuisine from shrimp in coconut oil to a sea urchin barbecue sauce. The power of the wine is enough to keep the older generation drinking and enjoying themselves, while the younger folks (the palate for younger men more delicate) require a good drink. I recommend the Pirramirra.

In short this is probably the perfect modern



what I find it rather strong over the course of an evening but if you are looking for a very nice cocktail wine you need to check this one out. It will likely become one of your special occasion wines.

I enjoy it more when served under refrigeration. As I tend to serve it at refrigerator temperature knowing it will warm to the glass.

Pirramirra Petit Verdot Australia, 2011. Look for a great local supplier who can help you find it on Twitter @drboone

Look for a great local supplier who can help you find it on Twitter @drboone

Crossword/Sudoku answers

JUMP	EWOK	OMARS
AFAR	COFF	WASAT
VOGI	LOBE	BRINE
MAIDENVOYAGE		
ENCAB	OAT	GEL
COLL	SIX	THEORY
ROO	DIS	SET
UNDER	KAT	BAJAH
DRA		
TIP	CR	LE
GOO	LIL	SLOPES
TITANIC	SINS	
ADARE	KNOT	TUFT
LITER	LATE	OKIE
STORY	ESAO	NEET

3	9	4	7	5	1	2	8	6
7	8	6	3	2	4	1	5	9
2	1	5	6	8	9	3	7	4
4	5	1	2	3	6	7	9	8
9	7	3	8	4	5	6	2	1
6	2	8	1	9	7	5	4	3
8	4	7	5	6	3	9	1	2
5	6	9	4	1	2	8	3	7
1	3	2	9	7	8	4	6	5

Saskatoon Opera Presents

The Magic Flute

June 14 - 21, 2014,



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for more
information



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Centre Box Office

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We're looking for Volunteers

The StarPhoenix
Bridge City Boogie 8
walk • run • boogie • 2k • 5k • 10k

Sunday, June 8, 2014

We need volunteers for:

Thursday, June 5 • Saturday, June 7 • Sunday, June 8



All volunteers will receive orientation, an appreciation party and a Bridge City Boogie 8 t-shirt. All volunteers for the Bridge City Boogie 8 will receive a t-shirt for a pair of shoes and a t-shirt. The t-shirt is valued at \$20 and the shoes at \$100. We'll be the winner with the best shoes for their feet.

For a complete list of available positions
and to register, please visit
www.bridgecityboogie.ca

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Asymmetric AS**
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 601 Railway Ave. East
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